Information

Isolated facts that can have no organisational basis or links

Schema

Knowledge organised in a meaningful way - memories (emotional), concepts, knowledge

Key Concepts (Big Ideas)

Key concepts identify the content or focus areas of study

British Values
These underpin what it is to be a citizen in a modern and diverse Great Britain.

Citizenship
Being a member of a community, state or nation. Citizens have rights and responsibilities as members of their community, state and nation.

Protected Characteristics
Age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.

Keeping Safe
The state of being safe from harm or danger.

Human Body
A combination of parts and systems that work together to perform the necessary functions of life.

Communication
The imparting or exchanging of information by speaking or writing, using a system of symbols, signs or behaviour.

Mental Health
Includes our emotional, psychological and social wellbeing. It affects how we think, feel and act. It also helps determine how we handle stress, relate to others and make healthy choices.

Second Order Concepts

'The kinds of questions a person learning about PSHE asks'

Second-order concepts: these shape the key questions asked in a subject and organise the subject knowledge.

Me and my Relationships

What makes a good friend?
Who can you ask for help?
Can you explain how you are feeling?

Valuing Difference

Can you identify similarities and differences between people?
Why is it important that, as humans, we are all different?
What is bullying?

Keeping Safe

How can you manage risk at home and in school?
How can you keep yourself safe online?
Who are your trusted adults that you can go to for help or advice?

Being my Best

Name some ways you can develop a skill.
Identify skills that help us become successful.
Can you name people in our community who have a responsibility?
How can we help prevent the spread of germs?
What constitutes a healthy diet and lifestyle?

Growing and Changing

Name something you would like to get better at.
What is resilience and how can you use it in your learning?
What does 'consent' mean?
Name the body parts that should be kept private.
How can you protect your privacy?
Which adults can you go to for help?
How has your body changed since you were a baby?

Rights and Respect

Can you name people in our community who have a responsibility?
What responsibilities do you have at home and in school?
What strategies can you use to help self-regulate?
What do you need to do in an emergency?
Name some ways you can keep money safe.
What is the different between a fact and an opinion?
Identify ways you can help the environment.

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The units during which each big idea is covered - this also includes school trips, workshops and other annual activities.

EYFS	Year 1	Year 2	Year 3
Valuing Difference	Me and My Relationships Rights and Responsibilities Valuing Difference	Me and My Relationships Rights and Responsibilities Valuing Difference	Me and My Relationships Valuing Difference
Valuing Difference Growing & Changing	Valuing Difference	Valuing Difference	Valuing Difference
Being my Best Growing & Changing	Being my Best Growing & Changing	Being my Best Growing & Changing	Being my Best Growing & Changing
Rights and Respect	Me and my Relationships Valuing Difference Rights and Respect	Me and my Relationships Valuing Difference Rights and Respect	Valuing Difference Rights and Respect
Me and my Relationships Keeping Safe Growing & Changing	Me and my Relationships Keeping Safe Growing & Changing *Walksafe*	Keeping Safe Being my Best Growing & Changing	Me and my Relationships Being my Best Growing & Changing *Walksafe*
Me and my Relationships Keeping Safe	Me and my Relationships Keeping Safe	Me and my Relationships Keeping Safe Growing & Changing	Me and my Relationships Keeping Safe Growing & Changing
Me and my Relationships Being my Best	Me and my Relationships Being my Best	Me and my Relationships Being my Best	Me and my Relationships Being my Best

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Year 4	Year 5	Year 6	Whole School
Me and My Relationships Rights and Responsibilities Valuing Difference	Valuing Difference	Rights and Responsibilities Valuing Difference	
Valuing Difference Growing & Changing	Valuing Difference	Valuing Difference Rights and Responsibilities Growing & Changing	Anti-bullying Week
Being my Best Growing & Changing	Being my Best Growing & Changing	Being my Best Growing & Changing	
Valuing Difference Rights and Respect Being my Best	Rights and Respect Being my Best	Rights and Respect	
Keeping Safe Being my Best	Being my Best Keeping Safe Growing & Changing	Keeping Safe Being my Best Growing & Changing	Safer Internet Week
Me and my Relationships Keeping Safe	Me and my Relationships Keeping Safe	Me and my Relationships Keeping Safe	Oracy days Delivering Collective Worship
Me and my Relationships Being my Best Growing & Changing	Me and my Relationships Being my Best	Me and my Relationships Being my Best Growing & Changing	Hello Yellow Day Children's Mental Health Week Anti-Bullying Week