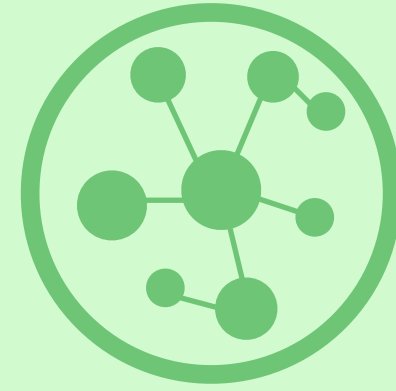




Information

Isolated facts that can have no organisational basis or links



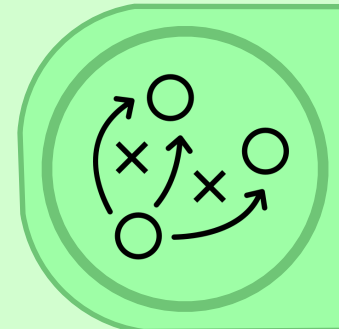
Schema

Knowledge organised in a meaningful way - memories (emotional), concepts, knowledge



Key Concepts (Big Ideas)

Key concepts identify the content or focus areas of study

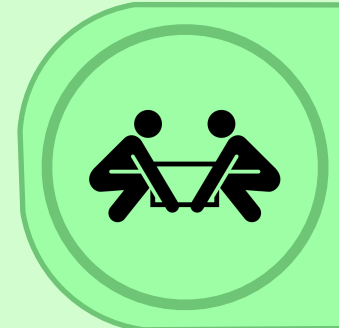


Tactics

An action or strategy carefully planned to achieve a specific end.

Performance

The action or process of presenting an act or performing a task or function.



Co-operation

The process of working together to the same goal.

Health & Lifestyle

A pattern of living that helps maintain or improve one's health.



Challenge

Something difficult to achieve.

Analysis & Evaluation

Making an in-depth study and deciding upon the quality of the study.



Second Order Concepts

'The kinds of questions a Sports Person asks'

Second-order concepts: these shape the key questions asked in a subject and organise the subject knowledge.

Gymnastics

How am I using my body position?
How can I travel between my positions?
For how long can I balance?

Dance

What is the tempo of the music?
Can I feel the rhythm of the music?
How can I use the space around me?

Athletics

How do my arms help me run?
How do I get distance in my throwing?
What can I do to make myself jump further/higher?
How can I control my landing?

Swimming (KS2)

How can I make my body float?
How can I use my arms/legs to move me through the water?
How can I return to the top of the water safely?

Outdoor and adventurous (KS2)

Why is this in this location?
Is it in other regions too?
What are the similarities and differences between these?
What do you notice?

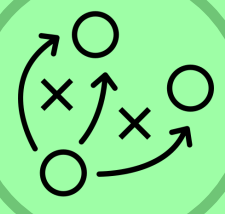
Games

How can I send/receive the ball/object?
How can I attack the other side?
How can I stop the opposition?
How can I be part of a team?



Key Concepts (Big Ideas)

Tactics



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EYFS	Year 1/2	Year 3/4	Year 5/6
Fundamentals	Gymnastics, Dance, Fundamentals	Football, Tag Rugby, Netball	Football, Hockey, Basketball
Fundamentals, Dance, Sports Day	Dance, Sports Day	Netball, Tag Rugby, Rounders	Rugby, Gymnastics, Rounders
Every term	Every term	Skills (throwing and catching) Swimming	Fencing, Agility and Coordination, Tennis
Dance, Gymnastics	Dance, Gymnastics	Gymnastics, Yoga	Dance, Gymnastics
Fundamentals	Dance, Fundamentals, Skipping Workshop	Swimming, Skipping Workshop	Yoga, Pilates, Skipping Workshop
Every term	Every term	Every term	Circuits, Athletics